

# Curriculum Vitae

## Personal Details:

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Name: Nirmal Tamang

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Cell: +977 015909135

Date of birth and place: 06/05/1992 (Kavre,  
*Nepal*)

## Professional Experiences:

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Sep 2017- till date	<b>Exodus Nepal</b> As a Trek Leader
2014 May – Jan 2017	<b>Initiative Outdoor</b> As an Office Manager <input type="checkbox"/> <input type="checkbox"/> Rock Climbing Instructor
2013 July -2014 April	<b>NTC</b> Call Center <input type="checkbox"/> <input type="checkbox"/> Computer Operator
2011 June – 2012 July	<b>Himdung &amp; Thokar Construction Pvt. Ltd.</b> <input type="checkbox"/> <input type="checkbox"/> As assistant accountant

## Academic Background:

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- 2011 Pyramid International Higher Secondary Education,  
*Kathmandu, Nepal*
- 2008 School Leaving Certificate  
Shree Kusheshwar Secondary School, *Kavre, Nepal*

## Co-curricular Activities:

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- 6-8 Feb 2022 Wilderness First Aid
- 24<sup>th</sup> Jan 2020 Recco Basic Course
- 2019 Dec 31-19<sup>th</sup> Jan 2020 High Mountain Rescue (HMRT)
- 2019 Nov. 01 Summit Of AmaDablam (6814 Mtr.) Mountain
- 2019 March 5-6 Exodus Leader Course
- 2019 Feb 10-23 Rock Level 1 from NMIA
- 2018 Sep 6-9 Wilderness First Aid from Himalayan Medic
- 2018 Aug 15-21 Basic Mountain Rescue from NMIA
- 2018 Aug 5-11 Introductory Rock Climbing from NMIA
- 2018 July 28-30 Basic Mountain Navigation Course from NMIA

- 2018 Feb 22/23 Exodus Leader Course
- 2018 (1 month) Guide Training from NATHM
- 2015 (1 week) CSAR-1001, BEMR-1001 & DAT-1001 from NSET
- 2014 Basic Graphic Design
- 2014 (5 days) Advanced Wilderness First Aid from Initiative Outdoor

**Language Skills:**

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Tamang	native speaker
Nepali	native speaker
English	fluent
Hindi	Good